



The basic sorting activity takes about 15 minutes. Give yourself another 15-60 minutes to interpret and discuss the results (Step #6). It leads to great conversations and everyone enjoys having time to talk! It's best if each person has a deck of cards; it takes less time and leads to more insights and better conversations!

Note that each deck also contains a light green card with instructions.

1

Turn the three light blue cards over so they show:

That's Me

Sometimes, It Depends

That's Not Me

(These are worded a bit different in some versions of Money Habitudes.)

2

Set aside the 8 yellow interpretation cards, the green instruction card and the other informational cards.

3

You'll then be left with the 54 statement cards. (They have colorful pictures on the backs.) Shuffle them.

Read all the statement cards. Depending on how each describes you, put it in the pile for either *That's Me*, *Sometimes*, or *That's Not Me*.

Remember:

4

- There aren't right or wrong answers.
- Don't think too much; sort quickly.
- Think about yourself today—not how you *should* be or how you *were*.
- Laugh and enjoy yourself!



If you have 20 or more cards in the *That's Me* pile—and you have time—move the weakest cards from *That's Me* to your *Sometimes* pile. 10-15 is good number in your *That's Me* pile.

5

When you're done sorting, turn over the cards in your *That's Me* pile. You'll see colorful pictures on the backs. Put those cards into columns by grouping the ones with the same pictures.



This shows your money personality.

6

Get the yellow interpretation cards you set aside before. Start by reading the one for the Habitude type that has the most cards.

7

Ask yourself: *Are my Money Habitudes working for me?* Would you benefit by using any Habitude more? If you are overusing any Habitude, read the back of the yellow interpretation card for suggestions.